



# ELIZA VANCORT

AUTHOR | SPEAKER | TRAINER | PODCASTER

A journey that inspires. A speaker who changes who changes lives.

Many thought leaders promise to change lives.

Eliza delivers.

The author of the #1 bestselling book, "A Woman's Guide To Claiming Space: Stand Tall. Raise Your Voice. Be Heard." doesn't just talk about empowerment. She offers actionable, simple tools that inspire people to build confidence, make change, and succeed.



## COMMUNICATION STRATEGIST

Eliza is a renowned speaker and bestselling author with an engaged social media community.

**But at her core, she's an educator.**

She's someone who breaks down complex topics into simple steps, helping people grow into the best, most empowered version of themselves.

As an acting teacher for over twenty years, with an academic background in political science, Eliza understands we all face different challenges when we want to claim space and be heard. Her years of expertise teaching physical, vocal, and phrasing tools give audiences concrete tools they need to confidently communicate their ideas, collaborate better, and lead effectively.

Eliza's unique approach, combined with her uplifting story of overcoming almost unthinkable obstacles, positions her like no other to connect with audiences, and change their lives.

## WATCH ELIZA IN ACTION



WATCH NOW

## SPEAKING

**Claim Your Success:  
How to Stand Tall, Raise  
Your Voice, and Be Heard**

Focus:

Persuasive Communication tips  
and Personal Narrative

**Claim Your Success:  
How Overcome  
Antimentors and Thrive**

Focus:

Neutralizing Antimentors  
and Personal narrative

**Claim Your Success:  
How Redefining Office Politics and  
Networking Can Change Your Life**

Focus:

Networking and Overcoming  
Office Politics

## IN THE MEDIA

READ



WATCH



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WATCH



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READ



# ELIZA VANCORT TESTIMONIALS

## TRANSFORMATIVE *TEACHER*

Eliza Van Cort's keynote presentation was the highlight of our inaugural Security LeadHER conference. Her story is so relatable and engaging and the communication tools she provided were incredibly beneficial. She shared both practical and introspective insights, grounded in research, that can be immediately applied both professionally and personally. With sharp intelligence, keen wit and humor, **Eliza delivers on all levels - inspirational, motivational, educational, and business leadership.**"

Dr. Elli Reges  
Director of Learning and Development  
SECURITY INDUSTRY ASSOCIATION

"Eliza's reception as an individual coach, workshop leader, and speaker has been universally positive and, in many cases, transformative. **She teaches with a level of precision, clarity and effectiveness that I have not previously seen.**"

John Siliciano  
Deputy Provost  
CORNELL UNIVERSITY

"Eliza did a keynote and workshop for the women leaders on my team, and feedback was phenomenal--**I got more unsolicited praise and thanks from the team than any other training intervention.**"

Daniel Fields  
Director of Asia Pacific ED of Services  
LENOVO

"If you are even thinking of hiring Eliza, you should have booked her yesterday! The advice she gave in her presentation was absolutely transformative, she was incredibly authentic, and already staff have asked if she can come back to speak again. **The Hype is real.**

**She will change your life."**

Desarae Damschen  
Chair of the Women's Equity Leadership and Development Employee Resource Group  
STATE OF OREGON, DEPARTMENT OF HUMAN SERVICES

"Eliza's virtual talk, and Q&A, for Microsoft on Women Claiming Space was phenomenal! **Informative, motivating, and fun**, she left us with actionable tools for our careers. Through her incredible story, she also inspired us to implement them!"

Alka Puri  
Senior program manager  
MICROSOFT

# ELIZA VANCORT TESTIMONIALS

## A VOICE FOR CLAIMING YOUR SPACE

Eliza was not only inspirational as she shared her story but was also engaging, entertaining and informative. The audience came away with practical tips and actions they could begin using right away. Her presentation was a hit! We are still hearing how impactful the information was and I'm witnessing firsthand, women using the tips and techniques that Eliza shared. If you're considering working with Eliza, I strongly urge you to contact her immediately. **You, too, can be the hero of your organization for bringing her in!**"

Linda Heeler  
President  
WOMEN'S NETWORK

"Eliza has the unique ability to impart communication research while keeping audiences riveted with personal narrative. **Eliza was a highlight of the conference. The Q&A spilled into the hall after her talk** - the scientists simply didn't want it to end! Any org would be lucky to have her, whether inside or outside of academia."

James C. Liao, Public Affairs Committee  
THE SOCIETY OF INTEGRATIVE AND COMPARATIVE BIOLOGY (SICB)

**"Eliza's work transformed our Hong Kong leadership team.** Reviews of her seminars and talks were glowingly positive. She pushed people hard, but was able to make it fun, while stressing the importance of augmenting your authentic self rather than adopting a false persona. Eliza's work with us made a big difference, and was well worth the investment."

Michael P. Reichle  
Hong Kong Vet School Dean  
HONG KONG JOCKEY CLUB

"Eliza presents to MIT every year. Her sessions are always vibrant, hands-on, and insightful. She possesses the unique ability to tailor her sessions to the different audiences while still offering timely and effective communication skills and strategies. We consistently receive excellent feedback from our participants. **I highly recommend Eliza VanCort. You will not be disappointed.**"

DiOnetta Jones Crayton  
Associate Dean and Director, Office of Minority Education  
MIT (MASSACHUSETTS INSTITUTE OF TECHNOLOGY)

"Eliza immediately commanded our attention and kept us engaged all day. She magically balanced individual attention with tips applicable to everyone while integrating issues of culture and gender - all backed by research/data. **Eliza is authentic, inspiring, and just plain good at what she does.**"

Raquel Gonzalez  
Deputy Chief Of Staff and Chief Diversity and Inclusion Officer  
STATE OF NEW YORK DEPARTMENT FINANCIAL SERVICES